



TEEN CLASS TIMETABLE

30TH JUNE - 10TH AUGUST



McLaren
Leisure

MON	TeenFIT	16:00 - 17:00	14+
	CycleFIT	18:20 - 19:05	14+
	Table Tennis	19:30 - 21:00	14+
	CoreFIT	20:15 - 21:00	14+
TUES	CycleFIT	09:15 - 10:00	14+
	Teen FIT	16:00 - 17:00	14+
	AquaFit	19:15 - 20:00	14+
WED	TeenFIT	15:30 - 16:30	14+
	CoreFIT	17:30 - 18:00	14+
	Aerobics	18:00 - 18:30	14+
	CycleFIT	18:45 - 19:30	14+
	Pickleball	19:00 - 20:00	14+
THUR	TeenFIT	15:30 - 16:30	14+

- ✓ 14 – 16 Years
- ✓ Included in Membership
- ✓ Pay as you go
- ✓ Book Online



BOOK TODAY

Please note that some classes may take occasional breaks during the holidays due to staff availability. Check online bookings for weekly updates. Terms and conditions and full class descriptions available online.