

# McLaren Leisure Timetables

## Monday 14th October - Sunday 27th October



School holiday timetable

Swimming Monday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public	11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 Public	19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Tuesday	07:30 - 08:15 Lane Swimming	08:15-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public & Aquacise	11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 Public	19:00-20:00 public & AquaFIT	20:00-21:00 Lane swimming
Swimming Wednesday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public	11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 Public	19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Thursday	07:30 - 08:15 Lane Swimming	08:15-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public	11:00 - 12:00 Public & Aquacise	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 public & SwimFIT	19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Friday	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public	11:00-12:00 Public	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:30 - 17:45 Determinator *T's & C's Apply		18:30 - 20:00 Public		20:00-21:00 Lane Swimming
Swimming Saturday			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public	15:00-16:00 public	16:30-17:30 public					
Swimming Sunday			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public	15:00-16:00 public	16:30-17:30 public					

### PLEASE NOTE SWIMMING POOL

1. Timetables are subject to change at short notice
2. Swimming pool ratios apply
3. Access to deep end only during shared public swimming sessions
4. We suggest pre booking to avoid disappointment. Bookings can be made at [www.mclarenleisure.co.uk/onlinebooking/](http://www.mclarenleisure.co.uk/onlinebooking/)
5. The weekend 15:00 Public Swim session may be closed for private bookings. Please see online booking for availability

### POOL RATIOS

1. A child under the age of 4 years must be accompanied by an responsible adult (one adult to one child)
2. Children between 4 and 8 years must be accompanied by a responsible adult (one adult to two children)
3. Competent swimmers over the age of 8 years may swim unaccompanied.
4. Children between 8 and 14years who are attending determinator sessions must be able to swim 20meters without buoyancy aids or assistance.

### FITNESS SUITES/GYMS

1. Timetables are subject to change at short notice
2. Public times shown may be shared with McLaren Cycle & RigFIT classes, these times are displayed in gyms. the Shared and closed times shown are in partnership with McLaren High School.



For full session availability visit our website [www.mclarenleisure.co.uk](http://www.mclarenleisure.co.uk)

Don't forget to book your swimming and soft play sessions online.

### GYM OPENING HOURS

Monday	07:00-21:00
Tuesday	07:30-21:00
Wednesday	07:00-21:00
Thursday	07:30-21:00
Friday	07:00-21:00
Saturday	09:00-17:30
Sunday	09:00-17:30

### SOFT PLAY OPENING HOURS

Monday -	09:00-11:00
Friday	12:00-14:00
	15:00 - 18:00
Saturday -	09:00-10:30
Sunday	11:30-13:00
	14:00-15:30