

McLaren Leisure Timetables

Monday 7th April - Sunday 20th April School holiday timetable



Swimming Monday	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC & KIDS CAMP 13:00-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	PUBLIC 16:00-17:00	PUBLIC 17:00-18:00	PUBLIC 18:00-19:00	PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Tuesday	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC & AQUAFIT LITE 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC & KIDS CAMP 13:00-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	PUBLIC 16:00-17:00	PUBLIC 17:00-18:00	PUBLIC 18:00-19:00	PUBLIC & AQUAFIT 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Wednesday	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC & KIDS CAMP 13:00-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	PUBLIC 16:00-17:00	PUBLIC 17:00-18:00	PUBLIC 18:00-19:00	PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Thursday	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC & AQUAFIT LITE 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC & KIDS CAMP 13:00-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	PUBLIC 16:00-17:00	PUBLIC 17:00-18:00	SWIMFIT 18:00-19:00	PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Friday	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC & KIDS CAMP 13:00-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	SHOCKWAVE 16:30-17:45 *T's & C's Apply		PUBLIC 18:00-19:00	PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Saturday			LANE SWIMMING 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC 13:00-14:00	PUBLIC 14:30-15:30		PUBLIC 16:00-17:00	PLEASE NOTE Swimming Pool 1. Timetables are subject to change at short notice 2. Swimming pool ratios apply 3. Access to deep end only during shared public swimming sessions 4. We suggest pre booking to avoid disappointment. Bookings can be made at www.mclarenleisure.co.uk/onlinebooking/ The weekend 14:30 Public Swim session may be closed for private bookings. Please see online booking for availability			
Swimming Sunday			LANE SWIMMING 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	PUBLIC 13:00-14:00	PUBLIC 14:30-15:30		PUBLIC 16:00-17:00				

Monday 21st April School holiday timetable

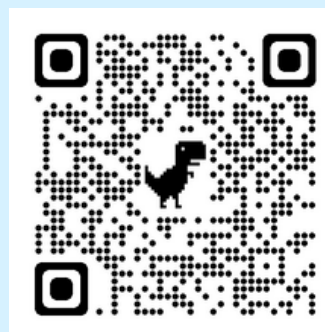
Swimming Monday 21st April 2025	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:30	PUBLIC & LESSONS 12:30 - 13:15	PUBLIC & KIDS CAMP 13:15-14:00	POOL FUN SESSION 14:00 - 15:00	PUBLIC 15:00-16:00	MCLAREN LESSONS 16:00-19:00		PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
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GYM OPENING HOURS

Monday	07:00-21:00
Tuesday	07:30-21:00
Wednesday	07:00-21:00
Thursday	07:30-21:00
Friday	07:00-21:00
Saturday	09:00-17:00
Sunday	09:00-17:00

SOFT PLAY OPENING HOURS

Monday - Friday	09:00-11:00 12:00-14:00 15:00 - 18:00
Saturday - Sunday	09:00-10:30 11:30-13:00 14:00-15:30



For full session availability visit our website

Don't forget to book your swimming and soft play sessions online.
www.mclarenleisure.co.uk

POOL RATIOS

1. A child under the age of 4 years must be accompanied by a responsible adult (one adult to one child)
2. Children between 4 and 8 years must be accompanied by a responsible adult (one adult to two children)
3. Competent swimmers over the age of 8 years may swim unaccompanied.
4. Children between 8 and 14 years who are attending SHOCKWAVE sessions must be able to swim 20 meters without buoyancy aids or assistance.

FITNESS SUITES/GYMS

1. Timetables are subject to change at short notice
2. Public times shown may be shared with McLaren Cycle & RigFIT classes, these times are displayed in gyms. The Shared and closed times shown are in partnership with McLaren High School.