

McLaren Leisure Timetables

Thursday 8th Aug - Tuesday 13th Aug



Swimming Thursday 8th	07:30-08:15 Lane Swimming	08:15-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public & Aquacise	11:00-12:00 Public (Lessons*)	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:00-17:00 Public	17:00-18:00 Public	18:00-19:00 public & SwimFIT	19:00-20:00 public	20:00-21:00 Lane Swimming
Swimming Friday 9th	07:00-08:00 Lane Swimming	08:00-09:00 Lane Swimming	09:00-10:00 Public	10:00-11:00 Public	11:00-12:00 Public (Lessons*)	12:00-13:00 Public	13:00-14:00 Shared Public	14:00-15:00 Fun Session	15:00-16:00 public	16:30 - 17:45 Determinator *T's & C's Apply		18:30 - 20:00 Public		20:00-21:00 Lane Swimming
Swimming Saturday 10th			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public	15:00-16:00 public	16:30-17:30 public					
Swimming Sunday 11th			09:00-10:00 Lane Swimming	10:00-11:00 public	11:00-12:00 public	12:00-13:00 public	13:00-14:30 public	15:00-16:00 public	16:30-17:30 public					

Swimming Monday 12th	LANE SWIMMING 07:00-08:00	LANE SWIMMING 08:00-09:00	PUBLIC 09:00-10:00	PUBLIC 10:00-11:00	PUBLIC 11:00-12:00	KIDS CAMP AND PUBLIC 12:00-13:00	PUBLIC 12:30-14:00 (MCLAREN LESSONS 12:40-13:40)	FUN SESSION 14:00-15:00	PUBLIC 15:00-16:00	MCLAREN LESSONS 16:00-19:00		PUBLIC 19:00-20:00	LANE SWIMMING 20:00-21:00
Swimming Tuesday 13th	LANE SWIMMING 07:30-09:00		PUBLIC 09:00-10:00	PUBLIC 10:00-11:00 (AQUACISE 10:00-11:00)	PUBLIC 11:00-12:00	PUBLIC 12:00-13:00	KIDS CAMP AND PUBLIC 13:00-14:00	FUN SESSION 14:00-15:00	PUBLIC 15:00-16:00	MCLAREN LESSONS 16:00-19:00		PUBLIC 19:00-20:00 (AQUACISE 19:15-20:00)	LANE SWIMMING 20:00-21:00



For full session availability visit our website www.mclarenleisure.co.uk

Don't forget to book your swimming and soft play sessions online.

PLEASE NOTE

SWIMMING POOL

1. Timetables are subject to change at short notice
2. Swimming pool ratios apply
3. Access to deep end only during shared public swimming sessions
4. We suggest pre booking to avoid disappointment. Bookings can be made at www.mclarenleisure.co.uk/onlinebooking/
5. The weekend 15:00 Public Swim session may be closed for private bookings. Please see online booking for availability

POOL RATIOS

1. A child under the age of 4 years must be accompanied by an responsible adult (one adult to one child)
2. Children between 4 and 8 years must be accompanied by a responsible adult (one adult to two children)
3. Competent swimmers over the age of 8 years may swim unaccompanied.
4. Children between 8 and 14years who are attending determinator sessions must be able to swim 20meters without buoyancy aids or assistance.

FITNESS SUITES/GYMS

1. Timetables are subject to change at short notice
2. Public times shown may be shared with McLaren Cycle & RigFIT classes, these times are displayed in gyms. the Shared and closed times shown are in partnership with McLaren High School.

BIG GYM OPENING HOURS

Monday	07:00-21:00
Tuesday	07:30-21:00
Wednesday	07:00-21:00
Thursday	07:30-21:00
Friday	07:00-21:00
Saturday	09:00-17:30
Sunday	09:00-17:30

SMALL GYM OPENING HOURS

Monday	07:00-21:00
Tuesday	07:30-14:00 & 15:50-21:00
Wednesday	07:00-11:10 & 12:50-21:00
Thursday	07:30-21:00
Friday	07:00-09:10 & 10:50 - 21:00
Saturday	09:00-17:30
Sunday	09:00-17:30

SOFT PLAY OPENING HOURS

Monday -	09:00-11:00
Friday	12:00-14:00
	15:00 - 18:00
Saturday -	09:00-10:30
Sunday	11:30-13:00
	14:00-15:30